

“Even on a grey day the high walk through green fields above the heaving, foam-flecked Atlantic is terrific.”



Kerry Camino

21st - 25th September



Itinerary

Thursday, 21st Sept
Travel Dublin to Tralee

Friday, 22nd Sept
Tralee to Camp
18km, Ascent: 200m, 5 – 7 hrs

Saturday, 23rd Sept
Camp to Annascaul
17km, Ascent: 270m, 3 – 4.5hrs

Sunday, 24th Sept
Annascaul to Dingle
22km, Ascent: 340m, 4 – 7 hrs

Monday, 25th Sept
Return to Dublin

Beaumont Hospital Foundation's first fundraising trip on the Kerry Camino follows a three day walking route from Tralee to Dingle from Thursday, 21st to Monday, 25th Sept.

Trek with us across the spine of the Dingle Peninsula which boasts some of the most stunning and dramatic scenery and coastline in Ireland. Come and see why National Geographic once called it "the most beautiful place on Earth".

The walk is modelled on the world famous pilgrimage route of the Camino de Santiago in Northern Spain with stamping stations at points along the route. St James Church in Dingle is believed to have been built by Spaniards to honour St James and the town was a popular departure point for pilgrims of old heading to Santiago de Compostela.

Kerry Camino



Total Trip Cost €700

Trip Cost €400

Charitable Donation €300

Included:

- 4 nights B&B in approved family-run guesthouses, all rooms en-suite.
- Luggage transfers daily - you walk with just a daypack.
- Return journey Dublin to Tralee.
- Dingle Way Maps and waterproof route notes.
- Donation to any area in Beaumont Hospital of your choice.

Equipment List:

- Waterproof jacket/trousers
- Walking boots
- Gaiters (may be muddy)
- Walking poles (optional)



Day 1

Starting from St Johns Church in Tralee, we pass Blennerville before climbing the Slieve Mish Mountains and walking out into open mountainside. The trail passes several impressive glacial valleys with streams crossed by bridge or stepping stones. Features include a Victorian-era reservoir and the ruins of Killelton Oratory. The final section comes down into a valley, crosses the Finglas River and heads into Camp village.

Day 2

Rejoining the trail to the west of the Finglas River, the Kerry Camino follows a straight south-westerly direction for 2km, gradually rising out from the valley offering fabulous views. The trail descends for 2km and gradually swings to the west to reveal spectacular views of Inch Beach, the setting where parts of the movie Ryan's Daughter was filmed. Rounding the small summit, we are rewarded with stunning views of Lough Annascaul in the u-shaped valley below. The final 2km brings us into the heart of Annascaul - the birthplace of South Pole explorer, Tom Crean.

Day 3

We rejoin the Tralee-Dingle road before taking a quiet road that twists for over 4km before descending to sea level beside the ruin of the 16th century Minard Castle. This lonely beach makes a great break for enjoying the views across Dingle Bay towards the Iveragh Peninsula. Leaving the strand, the route rises steeply across farmland and onto the lower mountain slopes until heading downhill for 4km into Dingle.